

Independent Living Program APRIL 2017 Schedule

Monday	Tuesday	Wednesday	Thursday	Friday
3 Peer Group Exercise 9:30-10:30 Monday Morning Monologue 11:00-12:00	4 Flatirons Crossing All Day Outgroup 10 am -2 pm Cost: Spending \$\$\$ <i>Bring a Lunch or \$\$\$ for the Food Court</i>	5 Current Events 9:30-10:30 <i>National Read a Road Map Day</i> 11:00-12:00	6 Holiday Decorating 9:30-10:00 <i>Math Basics</i> 11:00-12:00	7 Movie or Documentary Club 9:30-12:00
10 ILP Grocery Shopping Leave @ 10:00 am Cost: FREE Shopping for ILP ONLY	11 Remembering the Titanic 9:30-10:30 Egg Decorating 11:00-12:00	12 Current Events 9:30-10:30 <i>The Civil War</i> 11:00-12:00	13  Easter Egg Hunt & April Birthday Party! All Day!	14 Movie or Documentary Club 9:30-12:00
17 Peer Group Exercise 9:30-10:30 Monday Morning Monologue 11:00-12:00	18 Mad Libs 9:30-10:45 <i>Leave for out group at 11:15 am Bring a Lunch</i>	19 Current Events 9:30-10:30 Men/Women's Health 11:00-12:00	20 Adaptive Garden Spring Cleaning 9:30-10:30 <i>Science- Crystal Caves</i> 11:00-12:00	21 Movie or Documentary Club 9:30-12:00
24 Peer Group Exercise 9:30-10:30 Monday Morning Monologue 11:00-12:00	25 Calendar Review 9:30-10:30 <i>Laughter, the Best Medicine!</i> 11:00-12:00	26 Current Events 9:30-10:30 Chronological Colorado 11:00-12:00	27 <i>Self Awareness</i> 9:30-10:30 Jeopardy! 11:00-12:00	28 Movie or Documentary Club 9:30-12:00


Birthdays of the Month

Joni Daniels
Will Weidel

4/03
4/23

Flip this page over to see APRIL 2017 OUTGROUPS

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Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: right;">3</p> <p>Glacier Ice Cream & Michael's</p> <p>Leave @ 1 pm</p> <p>Cost: Spending \$\$\$</p>	<p style="text-align: right;">4</p> <p>Flatirons Crossing All Day Outgroup</p> <p>10 am -2 pm</p> <p>Cost: Spending \$\$\$</p> <p><i>Bring a Lunch or \$\$\$ for the Food Court</i></p>	<p style="text-align: right;">5</p> <p>Yoga begins @ 1:30pm</p> <p>Cost: FREE OR Indoor Swimming</p> <p>Leave @ 12:30 pm</p> <p>Cost: \$3.00</p>	<p style="text-align: right;">6</p> <p>Barnes & Noble</p> <p>Leave @ 1 pm</p> <p>Cost: Spending \$\$\$</p>	<p style="text-align: right;">7</p>
<p style="text-align: right;">10</p> <p>Monday Monologue 12:30 - 1:00 pm</p> <p>Peer Group Exercise 1:30 - 2:30 pm</p>	<p style="text-align: right;">11</p> <p>Goodwill in Broomfield</p> <p>Leave @ 12:30 pm</p> <p>Cost: Spending \$\$\$</p>	<p style="text-align: right;">12</p> <p>Yoga begins @ 1:30pm</p> <p>Cost: FREE OR Indoor Swimming</p> <p>Leave @ 12:30 pm</p> <p>Cost: \$3.00</p>	<p style="text-align: right;">13</p> <p style="text-align: center;"></p> <p>Easter Egg Hunt and Birthday Party! All Day!</p>	<p style="text-align: right;">14</p>
<p style="text-align: right;">17</p> <p>Adaptive Rowing</p> <p>Leave @ 12:30 pm</p> <p>Cost: \$5.00</p> <p><i>Must have signed release</i></p>	<p style="text-align: right;">18</p> <p>Boulder Library Concert</p> <p>Leave @ 11:15 am</p> <p>Cost: \$\$\$ for DQ</p> <p><i>Bring a Lunch</i></p>	<p style="text-align: right;">19</p> <p>Yoga begins @ 1:30pm</p> <p>Cost: FREE OR Indoor Swimming</p> <p>Leave @ 12:30 pm</p> <p>Cost: \$3.00</p>	<p style="text-align: right;">20</p> <p>Target</p> <p>Leave @ 1pm</p> <p>Cost: Spending \$\$\$</p>	<p style="text-align: right;">21</p>
<p style="text-align: right;">24</p> <p>Jewish Community Center Tour</p> <p>Leave @ 12:45 pm</p> <p>Cost: FREE</p>	<p style="text-align: right;">25</p> <p>Luvin Arms Animal Sanctuary</p> <p>Leave @ 12:30 pm</p> <p>Cost: FREE</p>	<p style="text-align: right;">26</p> <p>Yoga begins @ 1:30pm</p> <p>Cost: FREE OR Indoor Swimming</p> <p>Leave @ 12:30 pm</p> <p>Cost: \$3.00</p>	<p style="text-align: right;">27</p> <p>Bowling</p> <p>Leave @ 12:30 pm</p> <p>Cost: \$2.50</p>	<p style="text-align: right;">28</p>

As an opportunity for the consumers to experience Adaptive Rowing we will have an out group to the Longmont Sculling Club on April 17th. The cost is \$5.00 per visit, and a caregiver or guardian will need to sign the enclosed release and return it prior to the out group. If you have any questions, please call either Kia or Debbie at 303.442.8662.

Thanks!

Flip this page over to see APRIL 2017 CLASSES